

**Saturday, March 28, 2020**  
**Orange County Convention Center**  
**Room W311E**  
**7:30 am – 5:15 pm**



**American Society for Surgery of  
the Hand/American Association for  
Hand Surgery**

## General Information

### Description

This ASSH/AAHS Hand Surgery Specialty Day Program is focused on **Controversies and Challenges** that are encountered in hand surgical practice. The morning portion of the program is aimed at **“What’s New and What’s Next”** in hand surgery, with cutting edge topics and specific debatable issues in mini symposia sessions on scaphoid fractures and nonunions, evaluation and treatment of ulnar sided wrist pain, updates in nerve pathology, elbow injuries and carpal instability. Experienced faculty will present case-based scenarios, and engage in lively discussion and debate with point and counter point style presentations; audience participation and questions are encouraged.

In the afternoon session, expert faculty will share **“What you Need to Know NOW about Common Hand Conditions”**. This session is ideal for the residents, fellows, advanced practice providers, and general orthopedists, but is also of interest and applicable to the practice of experienced and expert hand surgeons. An emphasis on common conditions encountered in hand surgical practice with a specific focus on “what the books don’t tell you” about how to manage specific challenges and complications will be provided. Practice enhancement and optimization as well as experienced words of wisdom from seasoned surgeons will round out the program. This program is essential for residents, fellows and new practitioners, but seasoned surgeons will also find pearls for their practices!

### Target Audience

This section of the program is ideal for residents and fellows or the surgeon who wants to know the most important information about common conditions that you will see in your training, in your clinic and in your OR. This parallels the ASSH Resident Review Course but with an emphasis on “what the books don’t tell you” and how to manage specific challenges you may see. This program is essential for the resident or fellow or new practitioner, but seasoned surgeons will also find pearls that will be useful in their practices!

### Course Objectives

Upon completion of the course, the learner will:

- List options for management of scaphoid fractures and nonunions, and stratify treatment options by goals and patient specific factors and outcomes.
- Describe differential diagnoses for ulnar sided wrist pathology, evaluation strategies, and treatment alternatives
- List indications and technique options for nerve repair or reconstruction, nerve transfer, and diagnosis and management of nerve pathology.
- Describe injury patterns seen in elbow fractures and dislocations, and list treatment options associated with acute and chronic elbow pathology.
- Be able to recognize carpal instability and describe treatment options.

### Accreditation

The ASSH is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### Credit Hours

The ASSH designates this live educational activity for a maximum of **9.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Disclaimer

The material presented in this continuing medical education program is being made available by the American Society for Surgery of the Hand for educational purposes only. This material is not intended to represent the best or only methods or procedures appropriate for the medical situation discussed; rather the material is intended to present an approach, view, statement or opinion of the authors or presenters, which may be helpful, or of interest to other practitioners. The attendees agree to participate in this medical education program, sponsored by ASSH with full knowledge and awareness that they waive any claim they may have against ASSH for reliance on any information presented in this educational program. In addition, the attendees also waive any claim they have against the ASSH for injury or other damage that may result in any way from their participation in this program. All of the proceedings of the ASSH/AAHS Specialty Day: Tips from the Masters: Stacking Your Deck, including the presentation of scientific papers, are intended for limited publication only, and all property rights in the material presented, including common-law copyright, are expressly reserved to the speaker or the ASSH. No statement or presentation made is to be regarded as dedicated to the public domain. Any sound reproduction, transcript or other use of the material presented at this course without the permission of the speaker or the ASSH is prohibited to the full extent of common-law copyright in such material. The ASSH is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant. The approval of the U.S. Food and Drug Administration is required for procedures and drugs that are considered experimental. Instrumentation systems discussed and/or demonstrated in or at ASSH educational programs may not yet have received FDA approval.

## Program Committee Leadership

**Julie E. Adams, MD**, Program Co-Chair

**Nicole Strauss Schroeder, MD**, Program Co-Chair

**7:30 am – 7:35 am**

### Introductions and Welcome

*Julie E. Adams, MD, Nicole Strauss Schroeder, MD, Martin I. Boyer, MD, FRCS(C) and Nash H. Naam, MD*

**7:35 am – 8:35 am**

### Session I – Symposium on Scaphoid Fractures and Nonunions

**Moderator:** *Julie E. Adams, MD*

7:35 am – 7:44 am

Pearls and Pitfalls in Diagnosis and Treatment  
*Ruby Grewal, MD, MSc, FRCS(C)*

7:44 am – 7:53 am

Nonunions: Vascular Bone Grafting is Necessary?  
*Deana Mercer, MD*

7:53 am – 8:02 am

Nonunions: Back to the Future: Nonvascularized Bone Graft is Adequate  
*Michelle G. Carlson, MD*

8:02 am – 8:11 am

Nonunions: Arthroscopic Treatment is Indicated  
*William B. Geissler, MD*

8:11 am – 8:20 am

Nonunions: When to Save and When to Salvage?  
*Jason P. Rehm, MD*

8:20 am – 8:35 am	Collective Wisdom from the Crowd and from the Panel <i>All Faculty</i>	11:12 am – 11:21 am	Seductive Siren or Sound Solution: Elbow Joint Arthroplasty <i>Michael R. Hausman, MD</i>
<b>8:35 am – 9:35 am</b>	<b>Session II – Controversies And Challenges In Ulnar Sided Wrist Pain</b>	11:21 am – 11:30 am	Soft Tissue Coverage Solutions About the Elbow <i>Duretti T. Fufa, MD</i>
	<b>Moderator: Nicole Strauss Schroeder, MD</b>	11:30 am – 11:45 am	Collective Wisdom from the Crowd and from the Panel <i>All Faculty</i>
8:35 am – 8:44 am	Wrist Ligament Problems I Have Never Seen? <i>David C. Ring, MD, PhD</i>	<b>11:45 am – 12:35 pm</b>	<b>Session V – Carpal Instability &amp; Its Sequelae Symposium</b>
8:44 am – 8:53 am	Split UT Ligament Tears & LT tears: Pathologic or Simply Present? <i>Sanjeev Kakar, MD, FAOA</i>		<b>Moderator: Julie E. Adams, MD</b>
8:53 am – 9:02 am	Final Common Pathway – Constrained Distal Ulnar Joint Arthroplasty <i>Juan M. Breyer, MD</i>	11:45 am – 11:54 am	Scapholunate Ligament Injuries: an Expanded Understanding? <i>Steve K. Lee, MD</i>
9:02 am – 9:11 am	DRUJ Instability in the Setting of Distal Radius Fractures – What to Do? <i>Sebastian A. Von Unger, MD</i>	11:54 am – 12:03 pm	Midcarpal instability: is There a Solution Out There? <i>Jeffrey A. Greenberg, MD, MS</i>
9:11 am – 9:20 am	How I Approach Problems at the Ulnar Side of the Wrist <i>Brian D. Adams, MD</i>	12:03 pm – 12:12 pm	Ligament Instabilities That We Don't Always Recognize <i>Scott W. Wolfe, MD</i>
9:20 am – 9:35 am	Collective Wisdom from the Crowd and from the Panel <i>All Faculty</i>	12:12 pm – 12:21 pm	PRC vs 4CF – Pushing the Indications, Understanding the Limitations? <i>Jennifer F. Waljee, MD</i>
<b>9:35 am – 10:45 am</b>	<b>Session III – Symposium on Nerve Pathology</b>	12:21 pm – 12:35 pm	Collective Wisdom from the Crowd and from the Panel <i>All Faculty</i>
	<b>Moderator: Julie E. Adams, MD</b>	12:35 pm – 12:40 pm	Last Thoughts and Adjourn <i>All Faculty</i>
9:35 am – 9:44 am	Allograft Nerves and Nerve Conduits & Substitutes – Passing Fad or New Gold Standard? <i>Jonathan E. Isaacs, MD</i>	12:40 pm – 1:30 pm	Lunch break
9:44 am – 9:53 am	TMR – The Future Is Now <i>Kyle R. Eberlin, MD</i>	<b>1:30 pm – 1:35 pm</b>	<b>Introductions and Welcome</b> <i>Julie E. Adams, MD, Nicole Strauss Schroeder, MD, Martin I. Boyer, MD, FRCS(C) and Nash H. Naam, MD</i>
9:53 am – 10:02 am	My Favorite Nerve Transfers <i>Amy M. Moore, MD</i>	<b>1:35 pm – 2:40 pm</b>	<b>Session I – Surgery of the Hand</b>
10:02 am – 10:11 am	Challenges and Timing Issues in Peripheral Nerve Injuries: My Algorithm <i>Christopher J. Dy, MD, MPH, FACS</i>		<b>Moderator: Nicole Strauss Schroeder, MD</b>
10:11 am – 10:20 am	Compressive Neuropathies That I Never See <i>Mark S. Rekant, MD</i>	1:35 pm – 1:42 pm	Carpal Tunnel Syndrome – They Don't All Do Well <i>Donald H. Lee, MD</i>
10:20 am – 10:29 am	Compressive Neuropathies that See You <i>Fraser J. Leversedge, MD</i>	1:42 pm – 1:49 pm	Tendinopathies Of The Upper Limb – What The Evidence Shows and What You Need To Know <i>Robert W. Wysocki, MD</i>
10:29 am – 10:45 am	Collective Wisdom from the Crowd and from the Panel <i>All Faculty</i>	1:49 pm – 1:56 pm	An Update On Flexor And Extensor Tendon Surgery and Rehab: What Is The New Conventional Wisdom? <i>John D. Lubahn, MD</i>
<b>10:45 am – 11:45 am</b>	<b>Session IV – Symposium On Elbow Injuries</b>	1:56 pm – 2:02 pm	Dupuytren's Decision Points- What To Do And How To Do It? <i>Nash H. Naam, MD</i>
	<b>Moderator: Nicole Strauss Schroeder, MD</b>		
10:45 am – 10:54 am	Rehabilitation of the Unstable Elbow: What You Need to Know <i>Graham J. King, MD, FRCSC</i>		
10:54 am – 11:03 am	Elbow Disasters I have Seen <i>Scott P. Steinmann, MD</i>		
10:03 am – 11:12 am	More Elbow Disasters that Have Seen Me <i>Adam C. Watts, MD</i>		

2:02 pm – 2:09 pm	Fractures I Never Fix (eg: Boxers and Mallets) <i>Marco Rizzo, MD</i>	3:22 pm – 3:29 pm	Top Ten Things You Will See In The ER That May Be Missed Or Mis-Managed <i>Nicole Strauss Schroeder, MD</i>
2:09 pm – 2:16 pm	Pearls And Pitfalls At The PIP (Fracture) <i>Peter J. Lund, MD</i>	3:29 pm – 3:36 pm	Workers Compensation – Taming The Lion <i>David S. Zelouf, MD</i>
2:16 pm – 2:23 pm	Pearls and Pitfalls in Pediatric Hand Fractures <i>Lindley B. Wall, MD</i>	3:36 pm – 3:46 pm	Q&A and Catch Up <i>All Faculty</i>
2:23 pm – 2:30 pm	Simple Hand Fractures That Aren't <i>Mark E. Baratz, MD</i>	3:46 pm – 3:53 pm	Nerve Injuries – What Is The Appropriate Workup & Timing <i>D. Marshall Jemison, MD</i>
2:30 pm – 2:40 pm	Q&A and Collective Wisdom from the Crowd and From the Panel <i>All Faculty</i>	3:53 pm – 4:00 pm	Challenges And Controversies In Small Joint Arthritis – When To Do What <i>Ryan P. Calfee, MD, MSc</i>
<b>2:40 pm – 4:07 pm</b>	<b>Session II – Surgery of the Wrist &amp; Elbow and Things You Need To Know In General And In Particular</b>	4:00 pm – 4:07 pm	The Road To Acceptance: How To Get Your Hospital To Buy In For What You Need <i>L. Scott Levin, MD, FACS</i>
	<b>Moderator: Julie E. Adams, MD</b>	<b>4:07 pm – 5:15 pm</b>	<b>Session III – If Only I Could Be A Fellow Again...</b>
2:40 pm – 2:47 pm	Distal Radius Tips And Tricks You Need Now <i>Julie E. Adams, MD</i>		<b>Moderator: Nicole Strauss Schroeder, MD</b>
2:47 pm – 2:54 pm	What You Need To Know About Common Elbow Fractures <i>Lisa L. Lattanza, MD</i>	4:07 pm – 4:22 pm	What I Wish I Knew When I Was You <i>Peter J. Stern, MD</i>
2:51 pm – 3:01 pm	Pearls And Pitfalls For CMC Joint Arthritis <i>Amy L. Ladd MD</i>	4:22 pm – 4:37 pm	The Papers I Wish I Had Read Sooner And The Ones I Wish I Had Never Read <i>Douglas P. Hanel, MD</i>
3:01 pm – 3:08 pm	Mimickers, Mockers, And Messes: Things You Should Never Operate On <i>Nicolas Hyun-Woo Lee, MD</i>	4:37 pm – 4:52 pm	The Placebo Effect <i>A. Lee Osterman, MD</i>
3:08 pm – 3:15 pm	My Pearls About Soft Tissue Coverage – Less Is More <i>Daniel A. Osei, MD, MSc</i>	4:52 pm – 5:15 pm	Collective Wisdom and Questions and Answers <i>All Faculty</i>
3:15 pm – 3:22 pm	What You Will Need To Know To Make Your Practice Go From Good To Great	5:15 pm	Adjourn