## General Information

<table>
<thead>
<tr>
<th>Description</th>
<th>With the fast-paced changes and government intervention in health care impacting all physicians, an understanding and familiarity of value-based care and patient-related outcomes research is more essential for the hand and upper extremity surgeon. This symposium will explore how value is defined in hand surgery and discuss controversial topics while providing evidence-based treatment algorithms for a wide scope of hand and upper extremity problems. In addition, interactive question-answer sessions will be used to investigate evidence-based recommendations for hot topics such as complications related to obesity and the influence of narcotic use and smoking on hand surgery outcomes.</th>
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## Target Audience

Advanced Hand and Upper Extremity Surgeons

## Course Objectives

Review the concept of what defines value in surgery, explain common outcomes measures and databases used in hand surgery and discuss evidence-based treatment options for controversial problems. At the end of the symposium, audience members will be able to determine what they need to implement in their practice to improve the value they provide in patient care and understand evidence-based treatment options for nerve injuries, fractures, fusions, tendon injuries, and tumors in the hand and upper extremity.

## Accreditation

Credit Hours: **9 AMA PRA Category 1 Credits™**

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## Program Committee Leadership

Bobby Chhabra MD, Program Co-Chair

Peter J. Jebson MD, Program Co-Chair

### Session I: Value in Hand and Upper Extremity Disorders

**Moderator:** Robin Neil Kamal, MD

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>7:30 am – 7:35 am</td>
<td>Introductions</td>
<td>Bobby Chhabra, MD, Program Co-Chair, Peter J. Jebson, MD, Program Co-Chair, Brian D. Adams, MD and James Chang, MD</td>
</tr>
<tr>
<td>7:36 am – 9:09 am</td>
<td>What is value in hand and upper extremity surgery?</td>
<td>Robin Neil Kamal, MD</td>
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<tr>
<td>7:36 am – 9:09 am</td>
<td>Patient safety: the role of the hand and upper extremity surgeon in preventing errors</td>
<td>David C. King, MD, PhD</td>
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<td>7:43 am – 9:09 am</td>
<td>Patient Related Outcomes in hand and upper extremity surgery: which ones should I be using (PROMIS, DASH, etc.)?</td>
<td>Jennifer F. Waljee, MD</td>
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<td>7:50 am – 9:09 am</td>
<td>What is a value analysis program?</td>
<td>Andrew P. Gutow, MD</td>
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<tr>
<td>7:57 am – 9:09 am</td>
<td>How should we be optimizing our patient’s pre-operatively to improve patient related outcomes?</td>
<td>Peter J. Evans, MD, PhD, FRCSC</td>
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<tr>
<td>8:11 am – 8:17 am</td>
<td>Obesity and its impact on hand and upper extremity surgery: is it an issue?</td>
<td>Aaron M. Freilich, MD</td>
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<tr>
<td>8:18 am – 8:24 am</td>
<td>Smoking cessation for elective hand and upper extremity surgery: should I care?</td>
<td>Peter M. Murray, MD</td>
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<tr>
<td>8:25 am – 8:31 am</td>
<td>Narcotics following hand and upper extremity surgery: can we do better?</td>
<td>Asif M. Ilyas, MD</td>
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<tr>
<td>8:32 am – 8:38 am</td>
<td>Elective hand surgery and routine antibiotics: is better stewardship necessary?</td>
<td>Melvin P. Rosenwasser, MD</td>
</tr>
<tr>
<td>8:39 am – 8:45 am</td>
<td>Bundled payments in hand and upper extremity surgery: lessons learned from our joint replacement colleagues</td>
<td>Mark Rekant, MD</td>
</tr>
<tr>
<td>8:46 am – 8:52 am</td>
<td>WALANT in the office setting: should we be doing this more to improve value?</td>
<td>Levi L. Hinkelmann, MD</td>
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<tr>
<td>8:53 am – 9:09 am</td>
<td>Mass wisdom and Q &amp; A session</td>
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**Session II: Hot Topics and Controversies in Hand and Upper Extremity Surgery-Nerve**

**Moderator:** Marco Rizzo, MD

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker(s)</th>
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</thead>
<tbody>
<tr>
<td>9:10 am – 9:16 am</td>
<td>Nerve repair: conduit vs. allograft vs. autograft?</td>
<td>Bauback Safa, MD, MBA</td>
</tr>
<tr>
<td>9:17 am – 9:23 am</td>
<td>Distal radius fractures and the median nerve: do we really know what to do?</td>
<td>Randip R. Bindra, FRCS, MCh Orth</td>
</tr>
<tr>
<td>9:24 am – 9:30 am</td>
<td>Distal radius fractures and the ulnar nerve: be aware</td>
<td>Reid A. Abrams, MD</td>
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<tr>
<td>9:31 am – 9:37 am</td>
<td>Carpal tunnel surgery: what makes sense in the value proposition?</td>
<td>Matthew J. Meunier, MD</td>
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<tr>
<td>9:38 am – 9:44 am</td>
<td>Revision carpal tunnel surgery: is there a preferred technique?</td>
<td>Sanjeev Kakar, MD</td>
</tr>
<tr>
<td>9:45 am – 9:51 am</td>
<td>Ulnar decompression at the elbow: endoscopic versus open in the value proposition</td>
<td>Jonathan E. Isaac, MD</td>
</tr>
<tr>
<td>9:52 am – 9:58 am</td>
<td>Revision cubital tunnel surgery: do we really know the preferred technique?</td>
<td>Glenn Gaston, MD and William B. Kleinman, MD</td>
</tr>
<tr>
<td>9:59 am – 10:05 am</td>
<td>High radial nerve palsy: neurolysis, grafting, or tendon transfers?</td>
<td>Milan V. Stevanovich, MD</td>
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Saturday, March 10, 2018

Morial Convention Center

Room 265

7:30 am – 4:50 pm

American Society for Surgery of the Hand/American Association for Hand Surgery

“Agree to Disagree: Hot Topics in Hand and Upper Extremity Surgery”
10:06 am – 10:12 am  Denervation of the wrist joint: does it really work?  
Marco Rizzo, MD

10:13 am – 10:19 am  Radial tunnel syndrome: real or myth?  
William H. Seitz, Jr., MD

10:20 am – 10:26 am  The scratch collapse test: fact or fiction?  
Martin I. Boyer, MD, FRCS(c)

10:27 am – 10:33 am  Mass wisdom and Q & A session

10:34 am – 10:44 am  Break

10:45 am – 1:30 pm  Session III: Hot Topics and Controversies in Hand and Upper Extremity Surgery Fractures, Fusions, and Failures

Moderator: Marc J. Richard, MD

10:45 am – 10:51 am  Open distal radius fracture: is it always an operative emergency?  
Marc J. Richard, MD

10:52 am – 10:58 am  Corrective osteotomy of the distal radius and bone grafting: is my pelvis safe?  
Jesse B. Jupiter, MD

10:59 am – 11:05 am  Three corner vs four corner fusion: is there a difference?  
Gregory I. Bain, FRACS, PhD

11:06 am – 11:12 am  Midcarpal fusion: Staples vs. K-wires vs. plate vs. screws  
Jeffrey Yao, MD

11:13 am – 11:19 am  Allograft versus autograft for fusions in the hand and wrist  
D. Nicole Deal, MD

11:20 am – 11:26 am  Non-displaced proximal pole scaphoid fracture: surgery or casting?  
John T. Capo, MD

11:27 am – 11:33 am  Acute hook of hamate fracture: casting vs. ORIF vs. excision?  
Louis W. Catalano, III, MD

11:34 am – 11:40 am  Vascularized bone grafts for AVN of the carpus: do they work?  
Brian T. Carlsen, MD

11:41 am – 11:47 am  The failed distal ulna resection or implant: Achilles allograft or DRUJ arthroplasty?  
Dean G. Sotereanos, MD

11:48 am – 11:54 am  Mallet fracture: is surgery ever necessary?  
Robert J. Strauch, MD

11:55 am – 12:01 pm  Osteoclasis versus observation and remodeling in pediatric phalangeal neck fracture malunion  
Michael S. Bednar, MD

12:02 pm – 12:08 pm  Metacarpal neck fracture: ace wrap vs. casting vs. pinning vs. plate vs. headless screws  
Kagan Ozer, MD

12:09 pm – 12:15 pm  Thumb CMC dislocation: casting vs. CRPP vs. ligament reconstruction  
Warren C. Hammert, MD

12:16 pm – 12:22 pm  The failed LRTI: revision or intermetacarpal arthrodesis?  
Steve K. Lee, MD

12:23 pm – 12:29 pm  Nonunion and delayed union in the upper extremity: should I perform a metabolic work-up?  
Jaimie T. Shores, MD

12:30 pm – 12:36 pm  Bone stimulators in the hand and upper extremity: is there a role?  
Joshua M. Abzug, MD

12:37 pm – 12:52 pm  Mass wisdom and Q & A session

12:53 pm – 1:30 pm  Lunch

1:31 pm – 2:44 pm  Session IV: Tendon

Moderator: John C. Elfar, MD

1:31 pm – 1:37 pm  Ultrasound assisted injections: is it really value assisted?  
Apurva S. Shah, MD, MBA

1:38 pm – 1:44 pm  Carpal tunnel, trigger finger, thumb CMC arthritis, de Quervain’s injection: is there a preferred corticosteroid?  
John C. Elfar, MD

1:45 pm – 1:51 pm  Acute long finger radial sagittal band tear: cast vs. surgery?  
In S. Yi, MD

1:52 pm – 1:58 pm  Flexor tendon repair in “no man’s land: does the number of core sutures really matter?  
Donald H. Lalonde, MD

1:59 pm – 2:05 pm  Acute suppurative flexor tenosynovitis: is surgery always indicated?  
Fraser J. Leversedge, MD

2:06 pm – 2:12 pm  Surgical treatment of fight bites and suppurative flexor tenosynovitis in the ER?  
Donald H. Lalonde, MD

2:13 pm – 2:19 pm  Tennis elbow and PRP: Is there an advantage over corticosteroid injections?  
Robert W. Wysocki, MD

2:20 pm – 2:26 pm  de Quervain’s release and management of the retinaculum: is it relevant?  
Kevin Chan, MD

2:27 pm – 2:33 pm  Intersection syndrome: what surgery am I supposed to do?  
Lance M. Brunton, MD

2:34 pm – 2:44 pm  Mass wisdom and Q & A session
Session V: Tumor

Moderator: Robert Harold Ablove, MD

2:45 pm – 2:51 pm
Enchondroma and pathological fracture: when do I operate?
Robert Harold Ablove, MD

2:52 pm – 2:58 pm
Enchondroma: to graft or not to graft?
If a graft what type?
Matthew R. Steensma, MD

2:59 pm – 3:05 pm
Flexor tendon sheath ganglion: serial aspirations or simple excision?
Peter J. Stern, MD

3:06 pm – 3:12 pm
Dorsal wrist ganglion: observation vs. aspiration vs. arthroscopic or open excision?
Ericka A. Lawler, MD

3:13 pm – 3:25 pm
Mass wisdom and Q & A session

Session VI: Potpourri

Moderator: Jennifer Moriatis Wolf, MD

3:26 pm – 3:32 pm
PRP/stem cells for thumb CMC arthritis: Is there an advantage over corticosteroid injections?
Jennifer Moriatis Wolf, MD

3:33 pm – 3:39 pm
Pyrocarbon vs. metallic vs. silicone for PIPJ implant arthroplasty?
A. Lee Osterman, MD

3:40 pm – 3:46 pm
Volar versus the dorsal approach for PIPJ arthroplasty?
Scott W. Wolfe, MD

3:47 pm – 3:53 pm
Dupuytren’s contracture: extension torque, fasciotomy, fasciectomy or collagenase?
Mark E. Baratz, MD

3:54 pm – 4:00 pm
Compartment syndrome of the first dorsal interosseous: does it exist?
Angelo Rashard Dacus, MD

4:01 pm – 4:11 pm
Mass wisdom and Q & A

4:12 pm – 4:50 pm
Closing comments and adjournment
Bobby Chhabra, MD, Program Co-Chair and Peter J. Jebson, MD, Program Co-Chair