

**Erasmus MC**  
University Medical Center Rotterdam



Esser Hand Masterclass:

**Nerve repair and surgical options for  
nerve problems of the upper extremity**

**+ *Nerve transfers***

**March 30-31, 2017** | SkillsLab, Erasmus MC, Rotterdam, The Netherlands



*Upper extremity nerve problems are of every day for a upper extremity surgeon. The variety of compression neuropathies, idiopathic pathology or nerve reconstructions are a challenge. Therefore we designed a two-day course with theoretical and practical sessions offering almost all reconstructive, decompression and denervation interventions of nerve pathology in the forearm and hand. The practical sessions will be performed on fresh frozen cadavers with two participants per extremity.*

### **Date**

March 30-31, 2017

### **International Faculty**

**Dr. Andreas Gohritz**, *Plastic, Reconstructive, Aesthetic and Hand Surgery Department, University Hospital, Basel, Switzerland*

### **National Faculty**

**Prof. dr. J. Henk Coert**, *Plastic, Reconstructive and Hand Surgery Department, UMC, Utrecht*

**Dr. Erik T. Walbeehm**, *Plastic, Reconstructive and Hand Surgery Department, Radboudumc, Nijmegen*

**Dr. Nens van Alfen**, *Neurology Department, Radboudumc, Nijmegen*

**Prof. dr. Frank J.P.M. Huygen**, *Anesthesiology Department, Erasmus MC, Rotterdam*

**Dr. Xander Smit**, *Plastic, Reconstructive and Hand Surgery Department, Erasmus MC, Rotterdam*

**Dr. J. Michiel Zuidam**, *Plastic, Reconstructive and Hand Surgery Department, Erasmus MC, Rotterdam*

### **Organizing Committee**

**Dr. J. Michiel Zuidam**, *Plastic Surgeon*

**Dr. Xander Smit**, *Plastic Surgeon*

**Dr. Liron Duraku**, *Resident Plastic Surgery*

**Dr. Ernst S. Smits**, *Resident Plastic Surgery*

**Dr. Tim J.H. Nijhuis**, *Resident Plastic Surgery*

**Ms. Manja Muijtens**

### **Location**

#### **SkillsLab Erasmus MC**

Room Ee-120

Wytemaweg 80, 3015 CN Rotterdam, The Netherlands

Tel: +31 10 70 380 06

### **Registration**

[www.skillslab.nl](http://www.skillslab.nl)

### **Costs**

€900,- Medical Specialist

€600,- Resident



## Program

# Day 1 | Thursday 30 march

09:00 **Opening day 1**

09:15 Anatomy

09:45 Carpal tunnel release recurrence / Additives

10:15 Skillslab session: redo carpal tunnel release and coverage with ADQ muscle or thenar fat flap

11:00 **Break**

11:15 Proximal median nerve compression

11:35 Skillslab session: proximal median nerve release

12:25 **Lunch**

13:10 Neuropathic pain

13:55 Nerve lesions and repair: primary

14:20 Skillslab session: microscopic repair median nerve (with motorbranch) microscopic repair digital nerve and digital nerve with posterior interosseus graft and / or neurotube

15:15 **Break**

15:35 Radial tunnel compression / Superficial radial nerve neuropathy / Wartenberg syndrome

16:00 Skillslab session: radial tunnel release / release and denervation of superficial radial nerve

17:00 Surprise adventure lecture

19:30 **Congress dinner**

## Program

# Day 2 | Friday 31 march

08:15 **Opening day 2**

08:30 Cubital tunnel release

09:00 Skillslab session: in situ release and submuscular transposition ulnar nerve

10:00 Nerve lesions and repair: secondary median nerve

10:20 **Break**

10:40 Skillslab session: median nerve cable graft with LABCN

11:20 Diagnostic nerve ultrasound and EMG's

12:15 **Lunch Break**

13:00 Nerve transfers in high nerve lesions

13:45 Skillslab session: Nerve transfers  
*High median nerve lesions*  
*High ulnar nerve lesions*  
*Radial palsy*

14:45 Nerve transfers in tetraplegia and brachial plexus

15:30 **Break**

15:45 Dorsal branch of ulnar nerve (DBUN) and palmar branch of median nerve (PBMN) neuropathy

16:10 Skillslab session: denervation of DBUN and palmar branch of median nerve

16:45 **Drinks**